

**Marysville Public Schools**  
**Elementary Reproductive Health Curriculum Goals and Objectives**  
*(Aligned to Michigan Department of Education Grade 4 Health Content Expectations)*

**4<sup>th</sup> Grade Reproductive Health and HIV Education**

**Goals:**

- Students will learn and understand the developmental changes that occur during puberty.
- Students will understand the physical and emotional affects that HIV/AIDS have on the human body, as well as common STI's.

**Objectives:**

- Students will learn that puberty and development can vary considerably and still be normal.
- Students will learn about personal hygiene practices and health/safety issues during puberty (e.g., showering, deodorant, use of sanitary products, and athletic supporters).
- Students will learn about social changes during puberty (e.g., changes in friendships, crushes/attractions, and changing expectations of parents/adults).
- Students will learn about emotional changes during puberty (e.g., mood shifts).
- Students will learn about physical changes that occur during puberty (e.g., body hair, body odor, voice, body shape, strength, hormones, and menstruation).
- Students will be able to identify potential resources (e.g., parents, teacher, and other trusted adults) that can provide accurate information about puberty.
- Students will learn to develop plans to maintain personal hygiene during puberty.
- Students will learn the definition of HIV and AIDS.
- Students will learn that it is safe to be a friend of someone who is living with HIV or AIDS.
- Students will learn how HIV is and is not transmitted.
- Students will learn how people can protect themselves from infection with serious blood-borne communicable diseases.